

How your school can become

Supported by



Asthma Fit

Use our checklist to see which steps you've taken to becoming an asthma-fit school, and plan your next steps to improve your school's asthma support.

Criteria	Action	Achieved
We have consulted and listened to the voice of pupils, parents and staff in our school community.		✓
We have asthma champions/lead/team.		✓
We have an asthma policy that describes how we support our pupils with asthma/suspected asthma.		✓
We have an up-to-date register of all pupils with asthma/suspected asthma. Our asthma prevalence is.....		✓
Pupils on the asthma register have a personal written asthma action plan in school.		✓
Pupils have their clearly labelled reliever inhaler and spacer/ breath-actuated inhaler in school (older children may carry their own).		✓
Reliever inhalers will never be locked away.		✓
All reliever inhalers are easily accessible. All pupils with asthma/suspected asthma know where their inhaler is at all times.		✓
We have an emergency reliever inhaler to be used in accordance with guidance (optional). All staff will know where this is kept.		✓
Our staff have appropriate asthma training and updates and will know how to recognise and what to do in an asthma attack.		✓
We understand an asthma attack is a medical emergency and will call 999 if symptoms are not improving or we are worried about the child at any point.		✓
We are committed to promoting an environment that is safe for pupils/students with asthma.		✓
We provide support to pupils/students who are missing school due to their asthma.		✓